

JUNE 2026

Mobile Seniors Active Living Centre

TUESDAY - COOKSTOWN



2

Games & Social: Cards & Board Games
Health & Wellness: Tai Chi with Amy
(10:30am)

9

Games & Social: Bingo!
Health & Wellness: VON Fitness Class
(10:30am)

16

Games & Social: Guess that Sound?
Health & Wellness: Dance Movement
Therapy with Kate (10:30am)

23

Creative Arts: Guided Painting with Olivia
(9:45am) *20 spots available*

WEDNESDAY - LEFROY



3

Special Event: Celebrating Everybody's
Birthday! Join us for games, prizes, cake
and other classic birthday
fun!(9:30am-12:00pm)

10

Games & Social: Bingo!
Health & Wellness: VON Fitness Class
(10:30am)

17

Games & Social: Guess that Sound?
Health & Wellness: Dance Movement
Therapy with Kate (10:30am)

24

Creative Arts: Guided Painting with Olivia
(9:45am) *20 spots available*

THURSDAY - SANDYCOVE



4

Games & Social: Cards & Board Games
Health & Wellness: Tai Chi with Amy
(10:30am)

11

Games & Social: Bingo!
Health & Wellness: VON Fitness Class
(10:30am)

18

Games & Social: Guess that Sound?
Health & Wellness: Dance Movement
Therapy with Kate (10:30am)

25

Creative Arts: Guided Painting with Olivia
(9:45am) *20 spots available*

LOCATIONS | 9:30-11:30AM

TUESDAYS

Cookstown Library &
Community Centre
20 Church Street

WEDNESDAYS

Morgan Russell Memorial
Arena & Community Centre
1354 Killarney Beach Road

THURSDAYS

Sandycove Acres
The Wheel
2 Weeping Willow Drive



**M-SALC INCLEMENT
WEATHER HOTLINE
705-431-7652**

Call for updates on
program cancellations